"Forever Chemicals" in Your Body: Bioaccumulation of Per/Polyfluoroalkyl Substances (PFASs)

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McDonough et al. ES&T 2022

PFASs in Our Bodies

The story of uncovering PFAS exposure in humans is a story about the advancement of analytical chemistry...

Evidence that there are Two Forms of Fluoride in Human Serum

It has been assumed that there is only one form of fluoride in serum, the inorganic F ion. It would therefore seem that either the value for serum fluoride which I found $(1 \ \mu M)$ (refs. 1 and 2) or that found by Singer and Armstrong (7.5 μM) (ref. 3) must be in error. While the diffusion method of Singer and Armstrong has been shown to produce erroneous values, the same cannot be

Taves **1968** analyzing his own blood – "ashing makes more fluoride available"... "These findings are consistent with the presence of a fluorocarbon molecule" With respect to the chemical nature of the non-exchangeable form of fluoride several lines of evidence suggested that it was some sort of organic fluorocompound of intermediate polarity, tightly bound to plasma albumin in the blood. It migrated with



Guy et al. **1976:** Characterization of C6-C8 perfluoro fatty acid derivatives "...findings suggest that there is widespread contamination of human tissues with trace amounts of organic fluorocompounds derived from commercial products."

PFASs in Our Bodies

PFASs are present in the blood of >99% of human beings... (CDC NHANES, January 2017)



https://www.atsdr.cdc.gov/pfas/healtheffects/us-population.html

Detection of shorter-chain PFASs is increasing in breast milk



Zheng et al. Environ. Sci. Technol. 2021

The vast majority of studies on PFAS exposure and effects focus on a few well-studied perfluoroalkyl acids (PFAAs) like PFOA and PFOS, but

There are Thousands of PFASs...



PFAS "Dark Matter"

Studies measuring total organic fluorine (TOF) suggest significant contributions from unidentified PFASs





Fraction unidentified organic fluorine in general Swedish population (Aro et al. **2021** *Environ. Sci. Technol.*)

Extractable organic fluorine in blood from residents in Chinese cities (Yeung & Mabury **2016** *Environmental Chemistry.*

PFAS in Serum: Targeted Analysis

Serum Spike Recoveries (1.2 ng/mL) for 50 PFASs



*data for 6:2 diPAP from 2 ng/mL serum spike

Detection Limits (ng/mL serum)



Suspect Screening: "Top-Down" Non-Target



PFAS Fingerprints Are Everywhere

from our first responders to marine organisms...



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Biological prioritization of novel and unknown PFASs

Commercial PFAS mixtures





<i>In vitro</i> metabolism
assays

In vivo dosing studies



Inform human biomonitoring





HRMS Libraries

Aqueous Firefighting Foam (AFFF) Composition

Field-collected AFFF (primarily 3M Lightwater) characterized by iterative MS² and FluoroMatch screening software



Koelmel et al., *Analytical and Bioanalytical Chemistry*, 2021



3M LW AFFF: What's Transformable (Oxidizable)?





AFFF PFAS Bioaccumulation *in vivo*

Jamie DeWitt, ECU





What's Excreted?



observed and predicted phase II conjugates using Batch Targeted Feature Extraction in Agilent Profinder Glucuronidated perfluoroalkyl sulfonamides (C4-C6)



FPeSA-glu $[C_{11}H_{10}F_{11}NO_8S]$ $\Delta m/z 0.97 \text{ ppm}$ Fragments: $[C_5F_{11}];$ $[C_5F_{11}SO_2]; [C_7F_{11}SO_3NH_2]$



Level 3 (Schymanski et al.) Level 3b (2022 PFAS Confidence Scale)

What's Transformed?



Liver S9 Transformation of AFFF

Preliminary Data: C57BL/6 male mouse liver sub-cellular S9 fractions incubated with AFFF

Positive Control: 40 nM EtFOSA + AFFF (7 nM Σpre-PFAA)



PFOS

Joudan et al. TrAC 2020

FOSA, not PFOS, appears to be primary product

Conclusions & Next Steps

We Need to Test Exposure Relevant Mixtures

• Fractionation, purification, and bioaccumulation-directed prioritization of real mixtures containing knowns and unknowns

We Need to Develop MS/MS Libraries for Biologically-Relevant PFASs and PFAS TPs

- In vitro formation through dosing studies \rightarrow inform in silico fragmentation
- Moving towards FluoroMatch + BioTransformer for more comprehensive metabolite coverage
- More clues on sources and ADME from novel compounds





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Questions?

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